LC001960

### 2021 -- S 0590

### STATE OF RHODE ISLAND

### IN GENERAL ASSEMBLY

#### JANUARY SESSION, A.D. 2021

### AN ACT

## RELATING TO INSURANCE -- INSURANCE COVERAGE FOR MENTAL ILLNESS AND SUBSTANCE ABUSE

<u>Introduced By:</u> Senators Seveney, and DiPalma <u>Date Introduced:</u> March 11, 2021 <u>Referred To:</u> Senate Health & Human Services

It is enacted by the General Assembly as follows:

1 SECTION 1. Section 27-38.2-1 of the General Laws in Chapter 27-38.2 entitled "Insurance

2 Coverage for Mental Illness and Substance Abuse" is hereby amended to read as follows:

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27-38.2-1. Coverage for treatment of mental health and substance use disorders.

- 4 (a) A group health plan and an individual or group health insurance plan shall provide
  5 coverage for the treatment of mental health and/or substance use disorders under the same terms
  6 and conditions as that coverage is provided for other illnesses and diseases.
- 7 (b) Coverage for the treatment of mental health and/or substance use disorders shall not
  8 impose any annual or lifetime dollar limitation.
- 9 (c) Financial requirements and quantitative treatment limitations on coverage for the 10 treatment of mental health and/or substance use disorders shall be no more restrictive than the 11 predominant financial requirements applied to substantially all coverage for medical conditions in 12 each treatment classification.
- (d) Coverage shall not impose non-quantitative treatment limitations for the treatment of mental health and/or substance use disorders unless the processes, strategies, evidentiary standards, or other factors used in applying the non-quantitative treatment limitation, as written and in operation, are comparable to, and are applied no more stringently than, the processes, strategies, evidentiary standards, or other factors used in applying the limitation with respect to medical/surgical benefits in the classification.

(e) The following classifications shall be used to apply the coverage requirements of this
 chapter: (1) Inpatient, in-network; (2) Inpatient, out-of-network; (3) Outpatient, in-network; (4)
 Outpatient, out-of-network; (5) Emergency care; and (6) Crisis stabilization medications; and (7)
 Prescription drugs.

(f) Medication-assisted treatment or medication-assisted maintenance services of substance
use disorders, opioid overdoses, and <u>chronic</u> addiction, including <u>methadone</u>, <u>buprenorphine</u>,
naltrexone, <u>all federally-approved medications</u> or other clinically appropriate medications, is
included within the appropriate classification based on the site of the service.

9 (g) Payors shall rely upon the criteria of the American Society of Addiction Medicine when
10 developing coverage for levels of care for substance use disorder treatment.

(h) Patients with substance use disorders shall have access to evidence-based, non-opioid
treatment for pain, therefore coverage shall apply to medically necessary chiropractic care and
osteopathic manipulative treatment performed by an individual licensed under § 5-37-2.

(i) Parity of cost-sharing requirements. Regardless of the professional license of the provider of care, if that care is consistent with the provider's scope of practice and the health plan's credentialing and contracting provisions, cost-sharing for behavioral health counseling visits and medication maintenance visits shall be consistent with the cost-sharing applied to primary care office visits.

- 19 (j) The coverage required by this section shall include at minimum ninety (90) days of
- 20 residential or inpatient services for mental health and/or substance use disorders for American
- 21 Society of Addiction Medicine levels of care 3.1 and 3.3.
- SECTION 2. This act shall take effect on April 1, 2021, or upon passage, whichever date
   occurs later in time.

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### **EXPLANATION**

### BY THE LEGISLATIVE COUNCIL

### OF

### AN ACT

# RELATING TO INSURANCE -- INSURANCE COVERAGE FOR MENTAL ILLNESS AND SUBSTANCE ABUSE

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This act would require insurance coverage for at minimum ninety (90) days of residential

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or inpatient services for mental health and/or substance use disorders for American Society of
 Addiction Medicine levels of care 3.1 and 3.3.
 This act would take effect on April 1, 2021, or upon passage, whichever date occurs later
 in time.

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