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STATE OF RHODE ISLAND

IN GENERAL ASSEMBLY

JANUARY SESSION, A.D. 2019

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A N A C T

RELATING TO FOOD AND DRUGS - UNIFORM CONTROLLED SUBSTANCES ACT

Introduced By: Senator Dominick J. Ruggerio

Date Introduced: June 13, 2019

Referred To: Senate Health & Human Services

It is enacted by the General Assembly as follows:

1 SECTION 1. Section 21-28-3.20 of the General Laws in Chapter 21-28 entitled "Uniform
2 Controlled Substances Act" is hereby amended to read as follows:

3 **21-28-3.20. Authority of practitioner to prescribe, administer, and dispense.**

4 (a)(1) A practitioner, in good faith and in the course of his or her professional practice
5 only, may prescribe, administer, and dispense controlled substances, or he or she may cause the
6 controlled substances to be administered by a nurse or intern under his or her direction and
7 supervision.

8 (2) When issuing an initial prescription for an opiate to an adult patient, a practitioner
9 shall not exceed the maximum daily dose requirements established by the department of health.

10 (3) Except as provided in subsection (a)(4) of this section, a practitioner shall not issue an
11 opiate prescription to a minor for more than twenty (20) doses at any time. Prior to issuing an
12 opiate prescription to a minor, a practitioner shall discuss with the parent or guardian of the minor
13 the risks associated with opiate use and the reasons why the prescription is necessary. The
14 practitioner shall document their discussion with the parent or guardian in the medical record.

15 (4) Notwithstanding the limitations referenced in subsection (a)(3) of this section, if, in
16 the professional medical judgment of a practitioner, a greater dosage or supply of an opiate is
17 required to treat the minor patient's acute medical condition or is necessary for the treatment of
18 chronic pain management, sickle cell related pain, intractable pain treatment as defined in chapter
19 37.4 of title 5, pain associated with a cancer diagnosis or for palliative care, then the practitioner

1 may issue a prescription for the quantity needed to treat such acute medical condition, chronic
2 pain, sickle cell related pain, intractable pain, pain associated with a cancer diagnosis, or pain
3 experienced while the patient is in palliative care, provided that this dosage shall not exceed the
4 maximum daily dosage permitted for the treatment of this pain as set forth in the department of
5 health regulations. The condition triggering the prescription of an opiate shall be documented in
6 the minor patient's medical record, and the practitioner shall indicate that a non-opiate alternative
7 was not appropriate to address the medical condition.

8 (5) Notwithstanding subsections (a)(2) and (a)(3) of this section, this section shall not
9 apply to medications designed for the treatment of substance abuse or opioid dependence.

10 (b) The prescription-monitoring program shall be reviewed prior to starting any opioid. A
11 prescribing practitioner, or designee as authorized by § 21-28-3.32(a)(3), shall review the
12 prescription-monitoring program prior to refilling or initiating opioid therapy with an intrathecal
13 pump. For patients the prescribing practitioner is maintaining on continuous opioid therapy for
14 pain for three (3) months or longer, the prescribing practitioner shall review information from the
15 prescription-monitoring program at least every three (3) months. Documentation of that review
16 shall be noted in the patient's medical record.

17 (c) The director of health shall develop regulations for prescribing practitioners on
18 appropriate limits of opioid use in acute pain management. Initial prescriptions of opioids for
19 acute pain management of outpatient adults shall not exceed thirty (30) morphine milligram
20 equivalents (MMEs) total daily dose per day for a maximum total of twenty (20) doses, and, for
21 pediatric patients, the appropriate opioid dosage maximum per the department of health.

22 (d) For the purposes of this section, acute pain management shall not include chronic pain
23 management, pain associated with a cancer diagnosis, palliative or nursing home care, or other
24 exception in accordance with department of health regulations.

25 (e) Subsection (c) shall not apply to medications designed for the treatment of substance
26 abuse or opioid dependence.

27 (f) On or before September 1, 2018, the director of health shall develop, and make
28 available to health-care practitioners, information on best practices for co-prescribing opioid
29 antagonists to patients. The best practices information shall identify situations in which co-
30 prescribing an opioid antagonist may be appropriate, including, but not limited to:

31 (1) In conjunction with a prescription for an opioid medication, under circumstances in
32 which the health-care practitioner determines the patient is at an elevated risk for an opioid drug
33 overdose;

34 (2) In conjunction with medications prescribed pursuant to a course of medication

1 therapy management for the treatment of a substance use disorder involving opioids; or

2 (3) Under any other circumstances in which a health-care practitioner identifies a patient
3 as being at an elevated risk for an opioid drug overdose.

4 (g) The best practices information developed pursuant to subsection (f) of this section
5 shall include guidelines for determining when a patient is at an elevated risk for an opioid drug
6 overdose, including, but not limited to, situations in which the patient:

7 (1) Meets the criteria provided in the opioid overdose toolkit published by the federal
8 substance abuse and mental health service administration;

9 (2) Is receiving high-dose, extended-release, or long-acting opioid medications;

10 (3) Has a documented history of an alcohol or substance use disorder, or a mental health
11 disorder;

12 (4) Has a respiratory ailment or other co-morbidity that may be exacerbated by the use of
13 opioid medications;

14 (5) Has a known history of intravenous drug use or misuse of prescription opioids;

15 (6) Has received emergency medical care or been hospitalized for an opioid overdose; or

16 (7) Uses opioids with antidepressants, benzodiazepines, alcohol, or other drugs.

17 (h) On or before September 1, 2018, the director of health and the secretary of the
18 executive office of health and human services shall develop strategies that include:

19 (1) Allowing practitioners in non-pharmacy settings to prescribe and dispense opioid
20 antagonists; and

21 (2) Ensuring that opioid antagonists that are distributed in a non-pharmacy setting are
22 eligible for reimbursement from any health insurance carrier, as defined under chapters 18, 19,
23 20, and 41 of title 27, and the Rhode Island medical assistance program, as defined under chapter
24 7.2 of title 42.

25 SECTION 2. This act shall take effect upon passage.

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EXPLANATION
BY THE LEGISLATIVE COUNCIL
OF
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RELATING TO FOOD AND DRUGS - UNIFORM CONTROLLED SUBSTANCES ACT

1 This act would restrict the initial prescription to an adult to the maximum daily dosage
2 established by the department of health. The act would also restrict all prescriptions to a minor
3 patient for an opiate to twenty (20) doses, with exceptions for certain conditions and medicines
4 designed for substance abuse or opioid dependence treatment.

5 This act would take effect upon passage.

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