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STATE OF RHODE ISLAND

IN GENERAL ASSEMBLY

JANUARY SESSION, A.D. 2019

AN ACT

RELATING TO INSURANCE - ACCIDENT AND SICKNESS INSURANCE POLICIES

Introduced By: Senator Roger Picard

Date Introduced: January 16, 2019

Referred To: Senate Health & Human Services

It is enacted by the General Assembly as follows:

1 SECTION 1. Chapter 27-18 of the General Laws entitled "Accident and Sickness 2 Insurance Policies" is hereby amended by adding thereto the following section: 3 27-18-85. Coverage for physical therapy, occupational therapy, massage therapy, and the healing art of acupuncture and oriental medicine. 4 5 Every individual or group health insurance contract, plan, or policy contract delivered, issued for delivery, or renewed in this state on or after January 1, 2020, shall provide coverage for 6 7 physical therapy performed by an individual licensed under chapter 40 of title 5, occupational 8 therapy performed by an individual licensed under chapter 40 of title 5, massage therapy 9 performed by an individual licensed under chapter 20.8 of title 23, and the healing art of 10 acupuncture and oriental medicine performed by an individual licensed under chapter 37.2 of title 11 <u>5.</u> 12 SECTION 2. Chapter 27-19 of the General Laws entitled "Nonprofit Hospital Service 13 Corporations" is hereby amended by adding the following section thereto: 14 27-19-77. Coverage for physical therapy, occupational therapy, massage the rapy, 15 and the healing art of acupuncture and oriental medicine.

Every individual or group health insurance contract, plan, or policy contract delivered, issued for delivery, or renewed in this state on or after January 1, 2020, shall provide coverage for physical therapy performed by an individual licensed under chapter 40 of title 5, occupational therapy performed by an individual licensed under chapter 40.1 of title 5, massage therapy

| 1 | performed by an individual licensed under chapter 20.8 of title 23, and the healing art of |
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| 2 | acupuncture and oriental medicine performed by an individual licensed under chapter 37.2 of title |
| 3 | <u>5.</u> |
| 4 | SECTION 2. Section 27-38.2-1 of the General Laws in Chapter 27-38.2 entitled |
| 5 | "Insurance Coverage for Mental Illness and Substance Abuse" is hereby amended to read as |
| 6 | follows: |
| 7 | 27-38.2-1. Coverage for treatment of mental health and substance use disorders. |
| 8 | (a) A group health plan and an individual or group health insurance plan shall provide |
| 9 | coverage for the treatment of mental-health and substance-use disorders under the same terms and |
| 10 | conditions as that coverage is provided for other illnesses and diseases. |
| 11 | (b) Coverage for the treatment of mental-health and substance-use disorders shall not |
| 12 | impose any annual or lifetime dollar limitation. |
| 13 | (c) Financial requirements and quantitative treatment limitations on coverage for the |
| 14 | treatment of mental-health and substance-use disorders shall be no more restrictive than the |
| 15 | predominant financial requirements applied to substantially all coverage for medical conditions in |
| 16 | each treatment classification. |
| 17 | (d) Coverage shall not impose non-quantitative treatment limitations for the treatment of |
| 18 | mental health and substance-use disorders unless the processes, strategies, evidentiary standards, |
| 19 | or other factors used in applying the non-quantitative treatment limitation, as written and in |
| 20 | operation, are comparable to, and are applied no more stringently than, the processes, strategies, |
| 21 | evidentiary standards, or other factors used in applying the limitation with respect to |
| 22 | medical/surgical benefits in the classification. |
| 23 | (e) The following classifications shall be used to apply the coverage requirements of this |
| 24 | chapter: (1) Inpatient, in-network; (2) Inpatient, out-of-network; (3) Outpatient, in-network; (4) |
| 25 | Outpatient, out-of-network; (5) Emergency care; and (6) Prescription drugs. |
| 26 | (f) Medication-assisted treatment or medication-assisted maintenance services of |
| 27 | substance-use disorders, opioid overdoses, and chronic addiction, including methadone, |
| 28 | buprenorphine, naltrexone, or other clinically appropriate medications, is included within the |
| 29 | appropriate classification based on the site of the service. |
| 30 | (g) Payors shall rely upon the criteria of the American Society of Addiction Medicine |
| 31 | when developing coverage for levels of care for substance-use disorder treatment. |
| 32 | (h) Patients with substance-use disorders shall have access to evidence-based, non-opioid |
| 33 | treatment for pain, therefore and coverage shall apply to medically necessary chiropractic care |
| 34 | and osteopathic manipulative treatment performed by an individual licensed under § 5-37-2, |

1 physical therapy performed by an individual licensed under chapter 40 of title 5, occupational

therapy performed by an individual licensed under chapter 40.1 of title 5, massage therapy

3 performed by an individual licensed under chapter 20.8 of title 23, and the healing art of

acupuncture and oriental medicine performed by an individual licensed under chapter 37.2 of title

5 <u>5.</u>

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6 (i) Parity of cost-sharing requirements. Regardless of the professional license of the

7 provider of care, if that care is consistent with the provider's scope of practice and the health

8 plan's credentialing and contracting provisions, cost-sharing for behavioral health counseling

visits and medication maintenance visits shall be consistent with the cost-sharing applied to

10 primary care office visits.

SECTION 3. This act shall take effect on January 1, 2020.

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EXPLANATION

BY THE LEGISLATIVE COUNCIL

OF

AN ACT

RELATING TO INSURANCE - ACCIDENT AND SICKNESS INSURANCE POLICIES

1 This act would require health insurance contract plans or policies to provide coverage for 2 certain licensed practices including physical therapy, occupational therapy, massage therapy, 3 acupuncture and oriental medicine and would consider such licensed practices as "evidence 4 based, non-opioid treatments for pain." 5 This act would take effect on January 1, 2020. LC000564