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## STATE OF RHODE ISLAND

### IN GENERAL ASSEMBLY

#### **JANUARY SESSION, A.D. 2019**

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### AN ACT

### RELATING TO FOOD AND DRUGS - UNIFORM CONTROLLED SUBSTANCES ACT

Introduced By: Representatives Mattiello, Caldwell, Serpa, Alzate, and Bennett

Date Introduced: February 27, 2019

Referred To: House Health, Education & Welfare

It is enacted by the General Assembly as follows:

SECTION 1. Section 21-28-3.20 of the General Laws in Chapter 21-28 entitled "Uniform Controlled Substances Act" is hereby amended to read as follows:

### 21-28-3.20. Authority of practitioner to prescribe, administer, and dispense.

(a)(1) A practitioner, in good faith and in the course of his or her professional practice only, may prescribe, administer, and dispense controlled substances, or he or she may cause the controlled substances to be administered by a nurse or intern under his or her direction and supervision.

(2) When issuing a prescription for an opiate to an adult patient for outpatient use for the first time, a practitioner shall not issue a prescription for more than a seven (7) day supply. A practitioner shall not issue an opiate prescription to a minor for more than a seven (7) day supply at any time and shall discuss with the parent or guardian of the minor the risks associated with opiate use and the reasons why the prescription is necessary.

(3) Notwithstanding subsection (a)(2) of this section, if, in the professional medical judgment of a practitioner, more than a seven (7) day supply of an opiate is required to treat the adult or minor patient's acute medical condition or is necessary for the treatment of chronic pain management, intractable pain treatment as defined in chapter 37.4 of title 5, pain associated with a cancer diagnoses or for palliative care, then the practitioner may issue a prescription for the quantity needed to treat such acute medical condition, chronic pain, intractable pain, pain associated with a cancer diagnosis or pain experienced while the patient is in palliative care. The

1	condition triggering the prescription of an opiate for more than a seven (7) day supply shall be
2	documented in the patient's medical record and the practitioner shall indicate that a non-opiate
3	alternative was not appropriate to address the medical condition.
4	(4) Notwithstanding subsections (a)(2) and (a)(3) of this section, this section shall not
5	apply to medications designed for the treatment of substance abuse or opioid dependence.
6	(b) The prescription-monitoring program shall be reviewed prior to starting any opioid. A
7	prescribing practitioner, or designee as authorized by § 21-28-3.32(a)(3), shall review the
8	prescription-monitoring program prior to refilling or initiating opioid therapy with an intrathecal
9	pump. For patients the prescribing practitioner is maintaining on continuous opioid therapy for
10	pain for three (3) months or longer, the prescribing practitioner shall review information from the
11	prescription-monitoring program at least every three (3) months. Documentation of that review
12	shall be noted in the patient's medical record.
13	(c) The director of health shall develop regulations for prescribing practitioners on
14	appropriate limits of opioid use in acute pain management. Initial prescriptions of opioids for
15	acute pain management of outpatient adults shall not exceed thirty (30) morphine milligram
16	equivalents (MMEs) total daily dose per day for a maximum total of twenty (20) doses, and, for
17	pediatric patients, the appropriate opioid dosage maximum per the department of health.
18	(d) For the purposes of this section, acute pain management shall not include chronic pain
19	management, pain associated with a cancer diagnosis, palliative or nursing home care, or other
20	exception in accordance with department of health regulations.
21	(e) Subsection (c) shall not apply to medications designed for the treatment of substance
22	abuse or opioid dependence.
23	(f) On or before September 1, 2018, the director of health shall develop, and make
24	available to health-care practitioners, information on best practices for co-prescribing opioid
25	antagonists to patients. The best practices information shall identify situations in which co-
26	prescribing an opioid antagonist may be appropriate, including, but not limited to:
27	(1) In conjunction with a prescription for an opioid medication, under circumstances in
28	which the health-care practitioner determines the patient is at an elevated risk for an opioid drug
29	overdose;
30	(2) In conjunction with medications prescribed pursuant to a course of medication
31	therapy management for the treatment of a substance use disorder involving opioids; or
32	(3) Under any other circumstances in which a health-care practitioner identifies a patient
33	as being at an elevated risk for an opioid drug overdose.
34	(g) The best practices information developed pursuant to subsection (f) of this section

1	shall include guidelines for determining when a patient is at an elevated risk for an opioid drug
2	overdose, including, but not limited to, situations in which the patient:
3	(1) Meets the criteria provided in the opioid overdose toolkit published by the federal
4	substance abuse and mental health service administration;
5	(2) Is receiving high-dose, extended-release, or long-acting opioid medications;
6	(3) Has a documented history of an alcohol or substance use disorder, or a mental health
7	disorder;
8	(4) Has a respiratory ailment or other co-morbidity that may be exacerbated by the use of
9	opioid medications;
10	(5) Has a known history of intravenous drug use or misuse of prescription opioids;
11	(6) Has received emergency medical care or been hospitalized for an opioid overdose; or
12	(7) Uses opioids with antidepressants, benzodiazepines, alcohol, or other drugs.
13	(h) On or before September 1, 2018, the director of health and the secretary of the
14	executive office of health and human services shall develop strategies that include:
15	(1) Allowing practitioners in non-pharmacy settings to prescribe and dispense opioid
16	antagonists; and
17	(2) Ensuring that opioid antagonists that are distributed in a non-pharmacy setting are
18	eligible for reimbursement from any health insurance carrier, as defined under chapters 18, 19,
19	20, and 41 of title 27, and the Rhode Island medical assistance program, as defined under chapter
20	7.2 of title 42.
21	SECTION 2. This act shall take effect upon passage.
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# EXPLANATION

## BY THE LEGISLATIVE COUNCIL

OF

# AN ACT

# RELATING TO FOOD AND DRUGS - UNIFORM CONTROLLED SUBSTANCES ACT

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This act would restrict the initial prescription to an adult and all prescriptions to a minor patient for an opiate to a seven (7) day supply with exceptions for certain conditions and medicines designed for substance abuse or opioid dependence treatment.

This act would take effect upon passage.

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