



1 district by organizations such as Simon's Fund, Parent Heart Watch, Sudden Arrhythmia Death  
2 Syndromes Foundation, or training materials substantively and substantially similar thereto. The  
3 department of education shall post links to training materials on its website. All coaches and  
4 volunteers involved in a youth sport program or activity covered by this chapter must complete a  
5 training course which may be completed online about the nature and warning signs of sudden  
6 cardiac arrest, including the risks associated with continuing to play or practice after experiencing  
7 symptoms including, fainting or seizures during exercise, unexplained shortness of breath, chest  
8 pains, dizziness, racing heart rate and extreme fatigue. Training may consist of videos, classes,  
9 and any other generally accepted mode and medium of providing information.

10 (c) Parents and/or guardians shall be provided with information as to the nature and  
11 warning signs of sudden cardiac arrest prior to the start of every sport season.

12 (d)(1) A student who, as determined by a game official, coach from the student's team,  
13 certified athletic trainer, licensed physician or other official designated by the student's school  
14 entity, exhibits signs or symptoms of sudden cardiac arrest while participating in an athletic  
15 activity shall be removed by the coach from participation at that time, subject to subsection (3) of  
16 this section.

17 (2) If a student is known to have exhibited signs or symptoms of sudden cardiac arrest at  
18 any time prior to or following an athletic activity, the student shall be prevented from  
19 participating in an athletic activity, subject to subsection (3) of this section.

20 (3) A student removed or prevented from participating in an athletic activity under  
21 subsections (1) or (2) of this section shall not return to participation until the student is evaluated  
22 and cleared for return to participation in writing by a licensed physician, certified registered nurse  
23 practitioner or cardiologist.

24 (e) All school districts are encouraged to have an athletic trainer, or similarly trained  
25 person, at all recreational and athletic events addressed by this statute.

26 **16-91.1-4. All other youth sports program.**

27 All other youth sports programs not specifically addressed by this chapter are encouraged  
28 to follow the guidance set forth in this chapter for all program participants who are age nineteen  
29 (19) and younger.

30 SECTION 2. This act shall take effect upon passage.

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LC000331/SUB B  
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EXPLANATION  
BY THE LEGISLATIVE COUNCIL  
OF

A N A C T

RELATING TO EDUCATION - CARDIAC ARREST PREVENTION IN SCHOOL SPORTS

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1           This act would address the potential for sudden cardiac arrest among student athletes by  
2 raising awareness of the symptoms, requiring training for coaches and volunteers concerning  
3 cardiac arrest, and establishing protocols for students exhibiting certain symptoms.

4           This act would take effect upon passage.

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LC000331/SUB B  
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