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STATE OF RHODE ISLAND

IN GENERAL ASSEMBLY

JANUARY SESSION, A.D. 2015

SENATE RESOLUTION

CELEBRATING FRIDAY, FEBRUARY 6TH OF 2015 AS NATIONAL WEAR RED DAY IN
THE STATE OF RHODE ISLAND

Introduced By: Senators Nesselbush, Crowley, Coyne, Sosnowski, and Morgan

Date Introduced: February 05, 2015

Referred To: Recommended for Immediate Consideration

1 WHEREAS, Heart disease is the Number 1 killer of women yet, eighty percent of cardiac
2 events can be prevented; and

3 WHEREAS, Cardiovascular diseases cause one in three women's deaths each year,
4 killing approximately one woman every minute; and

5 WHEREAS, An estimated 44 million women in the United States are affected by
6 cardiovascular diseases; and

7 WHEREAS, Ninety percent of women have one or more risk factors for developing heart
8 disease, yet only one in five American women believe that heart disease is her greatest health
9 threat; and

10 WHEREAS, Since 1984, more women than men have died each year from heart disease;
11 and

12 WHEREAS, Women comprise only 24 percent of participants in all heart-related studies;
13 and

14 WHEREAS, Women are less likely to call 911 for themselves when experiencing
15 symptoms of a heart attack than they are if someone else were having a heart attack; and

16 WHEREAS, Only 43% of African American women and 44% of Hispanic women know
17 that heart disease is their greatest health risk, compared with 60% of Caucasian women; and

18 WHEREAS, Women involved with the American Heart Association's Go Red For
19 Women movement live healthier lives, nearly ninety percent have made at least one health

1 behavior change; and

2 WHEREAS, Go Red For Women is asking all Americas to Go Red by wearing red and
3 speaking red.

4 *Get Your Numbers:* Ask your doctor to check your blood pressure and cholesterol.

5 *Own Your Lifestyle:* Stop smoking, lose weight, exercise and eat healthy.

6 *Raise Your Voice:* Advocate for more women-related research and education.

7 *Educate Your Family:* Make healthy food choices for you and your family. Teach your
8 kids the importance of staying active.

9 *Don't be silent:* Tell every woman you know that heart disease is their No. 1 killer. Raise
10 your voice at GoRedForWomen.org.; now, therefore be it

11 RESOLVED, That this Senate of the State of Rhode Island and Providence Plantations,
12 in recognition of the importance of the ongoing fight against heart disease and stroke, hereby
13 proclaims Friday, February 6th of 2015 to be "National Wear Red Day" in Rhode Island. We
14 moreover urge all citizens to show their support for women and the fight against heart disease by
15 commemorating this day by the wearing of the color red. By increasing awareness, speaking up
16 about heart disease, and empowering women to reduce their risk for cardiovascular disease, we
17 can save thousands of lives each year; and be it further

18 RESOLVED, That the Secretary of State be and hereby is authorized and directed to
19 transmit a duly certified copy of this resolution to the Rhode Island office of the American Heart
20 Association.

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