

2014 -- H 7339

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STATE OF RHODE ISLAND

IN GENERAL ASSEMBLY

JANUARY SESSION, A.D. 2014

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HOUSE RESOLUTION

PROCLAIMING FRIDAY, FEBRUARY 7TH OF 2014 TO BE NATIONAL WEAR RED DAY  
IN THE STATE OF RHODE ISLAND

Introduced By: Representatives Naughton, Ackerman, Kennedy, Hearn, and Williams

Date Introduced: February 06, 2014

Referred To: House read and passed

1 WHEREAS, Heart disease is the Number 1 killer of women yet, is often preventable; and

2 WHEREAS, Cardiovascular diseases cause one in three women's deaths each year,  
3 killing approximately one woman every minute; and

4 WHEREAS, An estimated 43 million women in the United States are affected by  
5 cardiovascular diseases; and

6 WHEREAS, Heart disease kills more women than all forms of cancer combined, but is  
7 often undiagnosed; and

8 WHEREAS, Ninety percent of women have one or more risk factors for developing heart  
9 disease, yet only one in five American women believe that heart disease is her greatest health  
10 threat; and

11 WHEREAS, Women comprise only 24 percent of participants in all heart-related studies;  
12 and

13 WHEREAS, Since 1984, more women than men have died each year from heart disease  
14 and the gap between men and women's survival continues to widen; and

15 WHEREAS, Women are less likely to call 911 for themselves when experiencing  
16 symptoms of a heart attack than they are if someone else were having a heart attack; and

17 WHEREAS, The American Heart Association's Go Red For Women<sup>®</sup> movement has  
18 been impacting the health of women for 10 years and more than 627,000 women's lives have  
19 been saved and 330 fewer women are dying every day; and

1           WHEREAS, In celebration of the 10<sup>th</sup> Birthday of National Wear Red Day on February 7,  
2 2014, Go Red For Women is asking all women across America to Go Red by wearing red and  
3 speaking red.

4           *Get Your Numbers:* Ask your doctor to check your blood pressure and cholesterol.

5           *Own Your Lifestyle:* Stop smoking, lose weight, exercise and eat healthy.

6           *Realize Your Risk:* Women think it won't happen, but heart disease is the cause of 1 in 3  
7 female deaths each year.

8           *Educate Your Family:* Make healthy food choices for you and your family. Teach your  
9 kids the importance of staying active.

10          *Don't be silent:* Tell every woman you know that heart disease is their No. 1 killer. Raise  
11 your voice at [GoRedForWomen.org](http://GoRedForWomen.org); now, therefore be it

12          RESOLVED, That this House of Representatives of the State of Rhode Island and  
13 Providence Plantations, in recognition of the importance of the ongoing fight against heart disease  
14 and stroke, hereby proclaims Friday, February 7<sup>th</sup> of 2014 to be "National Wear Red Day" in  
15 Rhode Island. We moreover urge all citizens to show their support for women and the fight  
16 against heart disease by commemorating this day by the wearing of the color red. By increasing  
17 awareness, speaking up about heart disease, and empowering women to reduce their risk for  
18 cardiovascular disease, we can save thousands of lives each year; and be it further

19          RESOLVED, That the Secretary of State be and hereby is authorized and directed to  
20 transmit a duly certified copy of this resolution to the Rhode Island office of the American Heart  
21 Association.

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